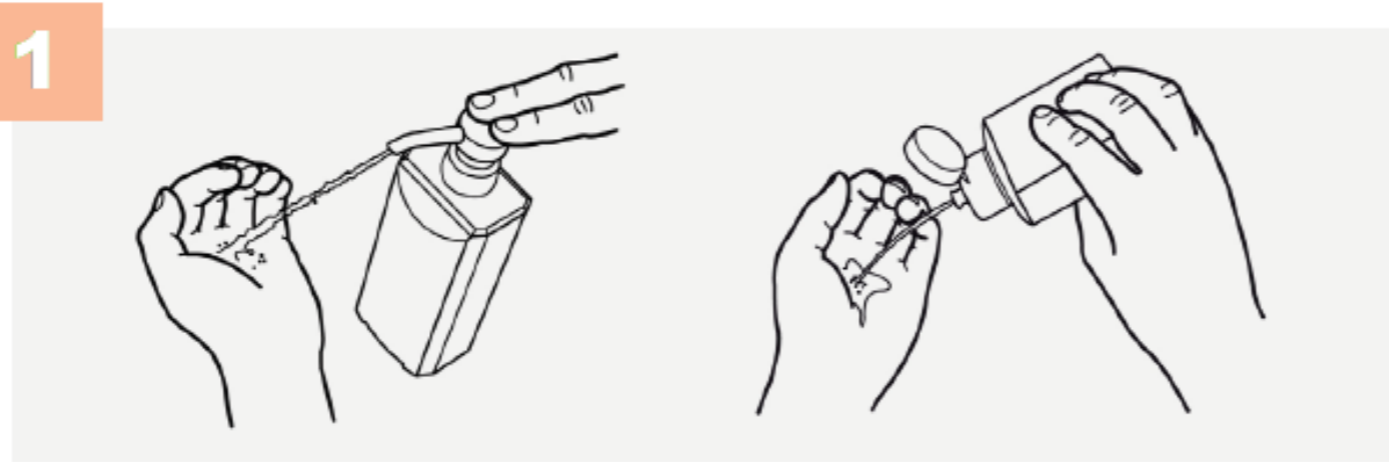


HAND DISINFECTION

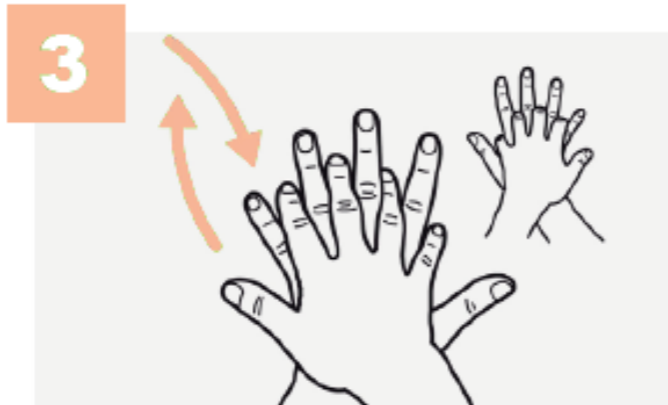


1 Apply a palmful of the product in a cupped hand, covering all surfaces



2 Rub hands palm to palm

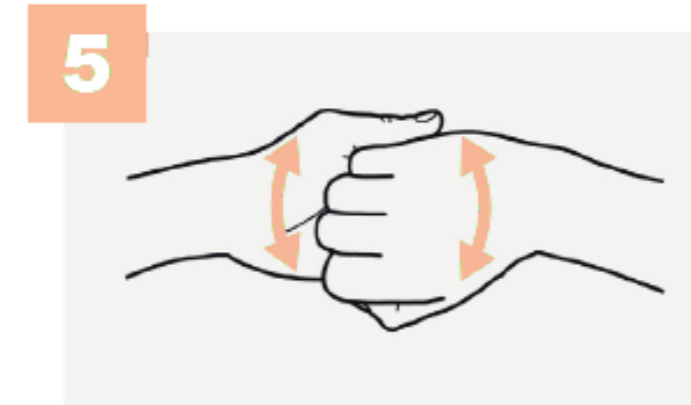
DURATION
20-30 seconds



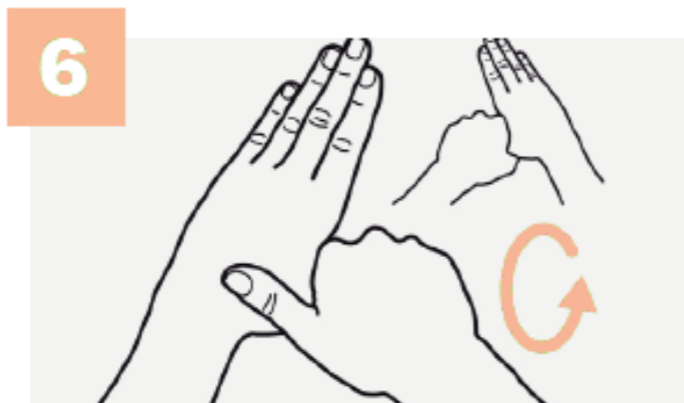
3 Right palm over left dorsum with interlaced fingers and vice versa



4 Palm to palm with fingers interlaced



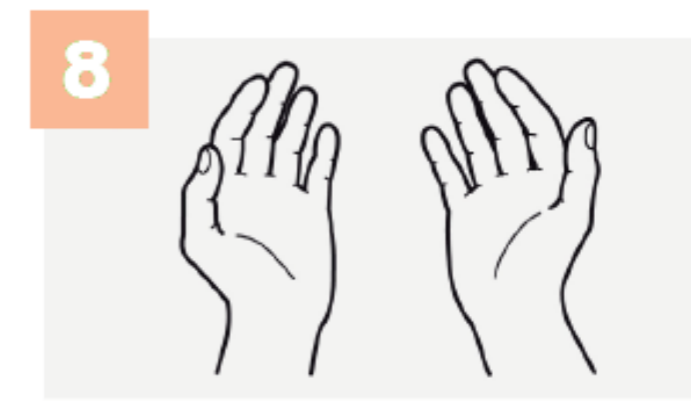
5 Backs of fingers to opposing palms with fingers interlocked



6 Rotational rubbing of left thumb clasped in right palm and vice versa



7 Rotational rubbing, backwards and forwards with clasped fingers of right hand in left palm and vice versa



8 Once dry, your hands are safe



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Based on "How to handrub? <https://www.who.int/publications/m/item/how-to-handrub> @ World Health Organization 2024